

Hampshire Learning Disability Partnership



Hampshire Learning
Disability Partnership

Updates from the Self-Advocates



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All the new Working Groups that we wanted or chose in the review, have now started:



- **Adult Social Care – the Right Support**
- **Communications**
- **Health and Wellbeing**
- **Complex Needs**
- **Carers' Group**
- **Being Safe, Staying Safe**



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What has happened in the groups?



All of the groups have chosen their rules now

All of the meetings are currently online

We have dates booked in until March 2023

We take turns to chair meetings

We decide what topics we want to talk about

We decide who to invite



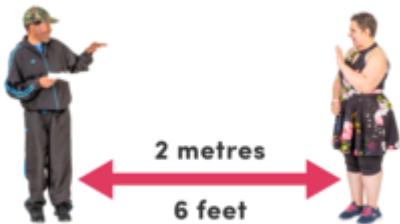
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We would like to tell you about our working groups :

Starting with the **Adult Social Care Group**

We have:

- Chosen some topics we want to talk about
- Invited an NHS commissioner to tell us what they do
- Talked about the Covid Pandemic and how to stay safe
- Talked about social activity. We raised concerns about how this has changed since Covid



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Adult Social Care Group

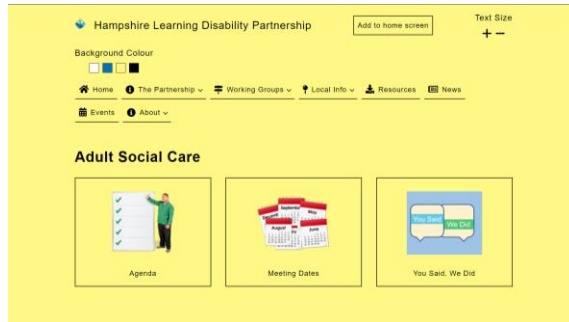
We have also:



- Met with the Care Quality Commission (CQC) and presented to them - We also answered their questions to us
- We talked about the cost of living and how it affects our families too
- We joined and shared about events for Learning Disability Week
- We chatted about the review process and gave our honest opinions. We felt this is a safe space to do that.
- We want to make sure we collect more views from other people in Hampshire who have a learning disability



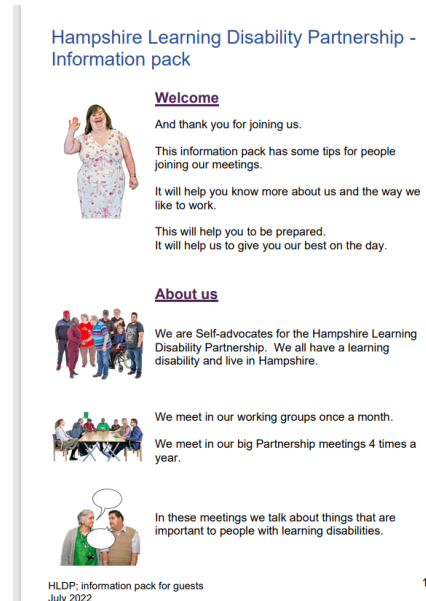
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Communications Group

We have:

- Spent lots of time on creating the website together
- Worked together on tips for guests
- Talked about YouTube and what to have on our channel
- Chose different ways to access information
- Thought about how to get people to use the website

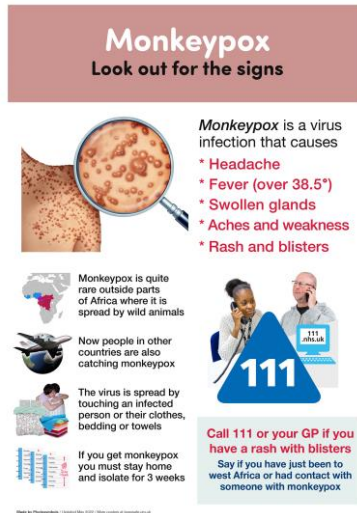


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Health and Wellbeing Group

We have:

- Talked about Monkeypox.
Marta gave us an easy read guide about it.
- Chatted about mental health and the pandemic.
- Spoken about Coronavirus vaccines.



Health and Wellbeing Group

We have:



- A long list of topics we want to discuss in this group!



- Found that healthy eating is important to people. We look forward to learning more about it.

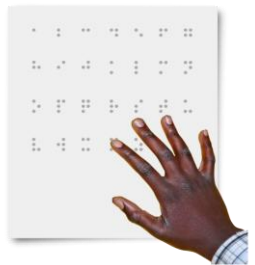


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Being Safe Staying Safe

We :

- Met for the first time in September
- Had people from the
 - Fire Service
 - Police
 - Trading Standardsjoin us and we asked some questions
- Spoke about having accessible forms, like in Braille



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What we will do next:



- All of us will meet in person in October so we can discuss ideas and try the website.



- We would like to start visiting people in different settings to get their feedback.



- We want to raise awareness of the Hampshire Learning Disability Website.





Some next steps:

- We think some of our topics might need to be discussed in more than one group. We will decide how to do this.



- We hope to find more Self-advocates.
We want to do some training together in our role.
Funding has been secured to do this.



- We would like to develop our website and YouTube channel.



This is the end of our presentation



Thank you for listening



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