

Complex Needs Meeting – Notes

Tuesday 29 November 2022 2-3.30pm on Teams

* Actions from the last meeting:
	+ All agreed DP information can be given directly to PH – no other groups needs on this
	+ All dates and calendar invites have now been sent for 2023 meetings
	+ Health colleagues are attending today
	+ A future topic list will be discussed today
	+ Chair/administrator role to be discussed – no expressions of interest received
* Everyone introduced themselves and explained their background as to why they wish to attend and represent others
* Parents Carers present agreed this is not like a carers group, it is for advocates of people with complex needs who cannot express themselves or communicate on how they are being treated. Advocates learn how to interpret body language and focus on the best interests of the person with Complex Needs
* What are you looking to get from this meeting, what should be discussed here?
	+ Space to respect each others views
	+ Access to therapies
	+ The move to Least Restricted Practice
	+ Respite care and accessing this
	+ Input into architect design/respite facilities
	+ Equipment and technology
	+ 2nd transition and worries to get things in place
	+ Staff training and understanding needs
	+ Medical needs – such as useful contacts, good facilities
	+ Constipation issues – good training needed, impacts care and support
* A couple of requests were made re respite care and assessment, from two parent carers – AMC offered to pick these up separately, research and respond - Action AMC
* There needs to be a chair for the group, this will be raised and the partnership meeting and suggestions fed back, AB will be attending the Partnership meeting on behalf of this group - Action AL
* Information share:
	+ New Eye-spray has been found to be helpful
	+ GP can make referral for podiatry insoles
	+ New Incontinence pads causing problem – Solent Health changed contract in January
	+ Finding good opticians – Portsmouth university facility closing
	+ Providers have staff shortages, focus on recruitment and good training ongoing for new staff

Meeting ended 3.30pm