



Chair – Richard

Topic – Social Activity



# Adult Social Care Working Group



## You Said

9 June 2022

You want to be sure the new payment system will not affect your benefits

### Social Activity:

It was a difficult time, not seeing friends and family

Some people feel ok, but feel worried sometimes

Not all the groups have restarted

It has been good to see friends again

There is not always support to join in



## We Did

We will talk with DWP and ask them to inform us and give guidance



Stuart explained volunteers may be recruited to support attending activities in future, people thought this was a good idea.



Stuart explained about staff shortages across the country and what HCC are doing for this



# Adult Social Care Working Group



## You Said

9 June 2022

You said some people don't wear masks

Rise in cost of living.  
Some groups are more expensive now

Transport is an issue  
less dial a ride journeys and less support to  
get to and from groups



## We Did

We talked about being safe and doing what  
we want to do to keep safe.  
Keep yourself safe and feel comfortable.



Discuss this topic again in more detail

Discuss transport more and where the  
needs are





# Adult Social Care Working Group



## You Said

9 June 2022

Richard is visiting the Houses of Parliament to meet with MPs with VoiceAbility and offered to take questions

Learning Disability Events were shared for attending by self advocates

Speakers: should give presentations in the right way to guidelines set by self-advocates



## We Did

Asked Richard to update us afterwards ✓

Circulate this to everyone before the week starts

In development with Busy People ✓



Chair – Tanya Hawthorn

Topic – Review summary  
& Cost of Living



# Adult Social Care Working Group



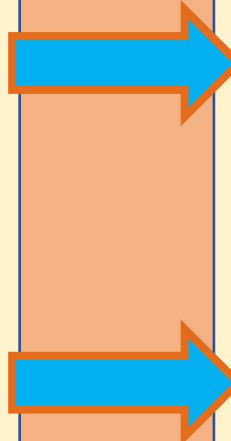
## You Said

4 July 2022  
CQC visit today

All Self-Advocates took part in a presentation.  
A review of the Partnership Changes

Online meetings are better at the moment as some people might struggle with in person meetings  
Carers' are listening more and that is good  
You are confident to ask questions in this space

You would like support to know how payments for your role will affect benefits



## We Did

It was very good, everyone did well and those present, including the CQC heard it ✓

We can facilitate online meetings and will offer support for that  
Adult Social Care are pleased that you feel you can express your views in these meetings  
Stuart said he is glad you raise questions here ✓

Steve updated that he has a DWP contact for this now and will send more details this week



# Adult Social Care Working Group



## You Said

4 July 2022  
CQC visit today

Questions from CQC:

***What's your experience of working with HCC like?***

I quite like it now, see things from our point of view which is helpful

We need to work together, you help us and we help you

***What could we do better?***

We can ask for help now.

Enjoyed attending the Social Worker Conference.

Need more time, for what we know in ourselves, time.

***What will you be looking at next?***

Roadshows and the website development

Transport and vaccinations for vulnerable people, tests should be free for people with a learning disability



## We Did

Steve agreed more time is needed and has built this into the review work and outcomes.

Steve has been sharing within HCC that time is needed to work in co-production





# Adult Social Care Working Group



## You Said

4 July 2022  
CQC visit today

### Topic: Cost of Living

Day care fees and social activity costs have increased  
No one has stopped doing activity at increased prices  
No one is worried currently, but maybe in the winter  
You think people who live alone might struggle with bills more or who don't have family to help  
Some family members have said petrol is expensive  
Increased costs could affect people's mental health

### What could help?

Have more support, more carers, more time  
Disabled people could be prioritised for help  
Why is disability stuff cut first?



## We Did

You said you would like to discuss this topic, which we have done today  
There were no identified concerns – review before winter



Stuart explained there are cuts across the council and less money to spend. Learning Disability Services, Social care, Childrens' Services, Roads, potholes.



Stuart is happy to come to the next meeting and talk about 2023 savings plan – all agreed they would like this





# Adult Social Care Working Group



## You Said

4 July 2022  
CQC visit today

The workshops in Learning Disability Week were good, like Southern Health and local events

Next meeting:  
For the next meeting Marcia will chair and topic will include Savings Plan presentation from Stuart

You would like a break in August – the next meeting will be 12 September 2022

## We Did

Amanda to send Marcia the You Said We Did for this meeting.  
Voiceability to support Marcia with the agenda and topic

We will send a Teams link before the next meeting



Chair – Marcia

Topic – Wider Engagement



# Adult Social Care Working Group



## You Said

12 September  
2022

That you have received the dates for future meetings in the post in Easy Read

You have submitted some expenses forms

You said you want to talk about

- Care Providers
- LaunchPad
- Transport to evening groups
- Vaccines- for health working group maybe



## We Did

These were sent for all working groups to self-advocates



Amanda to check progress

We will add these items to talk about





# Adult Social Care Working Group



## You Said

12 September  
2022

Some of the topics might need to be in more than one group  
Could ask other groups for updates

To reach others:  
Old ways used to work (going to groups with advocacy support)  
Simple questions, not jargon  
Talking to more people  
Easy Read questionnaires  
Go to invites where we are welcome (plan ahead)



## We Did

We will talk about this at our meeting 26 October - Eastleigh ✓

We will look at this topic more ✓



# Adult Social Care Working Group

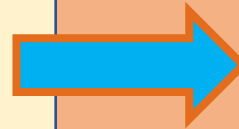


## You Said

12 September  
2022

The self assessments would be good in Easy Read – for annual reviews

It would be good to map places to visit together



## We Did

We will raise this and talk more about this



We will work on this together 26 October and Amanda will bring some information too





Chair – Leon Major/Tanya Hawthorn

Topic – Savings Plan 2023



As this meeting – we spent time talking about the challenges for Adult Social Care



Stuart talked about the Savings plan  
2 key challenges are lack of staff and money  
Stuart gave a presentation in Easy Read about this.



- You asked some questions
- You also spoke about GP letters





# Adult Social Care Working Group



## You Said

10 October  
2022

It is difficult to read post and letters from GP

You would like to work on this topic to find out who else might have trouble with GP letters

You said you would like to talk to all self-advocates about this topic



## We Did

Check with your GP that they have notes preferences

Stuart said he would contact Kirsten to find out more and if health could give more information

We will discuss this more on 26 October when we all meet in person







# Adult Social Care Working Group



## You Said

10 October  
2022

There is local staffing issues and you are worried about your friends mental health. You said you friend gets ready to go out and then it doesn't happen

You said you have worked with volunteers before and liked this. It would be a good idea

Could Self Advocates be at the training for new providers



## We Did

This is a problem everywhere – not aware of people not being able to go out

Ask people to contact CART with concerns

There is work to train and have more volunteers who might support people to attend events

There will be a focus on learning skills so there is less need for paid support



# Adult Social Care Working Group



## You Said

10 October  
2022

How are you saving money

You worry about peoples mental health if they are stuck in hospital

You helped with the automated review testing



## We Did

More Supported Living flats built  
Cheaper and costs less then Residential Care

Lots of work happening on this. Hampshire, Southampton, Portsmouth and Isle of Wight working together

- To learn best ways to discharge people
- Trauma impact of moving a lot
- Stop people going into hospital if not needed

Automated reviews should reduce the waiting list for reviews  
Feedback has been good so far



Chair – Leon Major

Topic – Cost of Living



# Adult Social Care Working Group



## You Said

7 November  
2022

Everything is going up in price

Supported living bills will go up, what can we do about it?

More easy read documents about it

People with disabilities in the community are more at risk than others

People living Independently

Older people in their 80's and 90's



## We Did

We will check what is out there in easy read

Nicki and Trish have some Easy Read information – Nicki will share some resources

Connect2Support has lots of good information

Jason said people who live alone are a focus  
Food vouchers have been given out from government

Libraries are doing a lot



# Adult Social Care Working Group



## You Said

7 November  
2022

Discussion – reasons why there is a problem:

- Covid caused workforce problem
- Effect of Brexit
- War in Ukraine
- Several things happening at the same time

You have friends who need help

The post isn't good and on strike

Need to network and tell neighbours and friends how to keep warm and save money



## We Did

We talked through these issues and how they impact on each other

Farnborough Group have done some work about keeping warm

105 useful contact for powercut support

All to discuss what this group can do to support people with a Learning Disability in Hampshire with Cost of Living



Chair – Leon Major

Topic – Providers and  
Quality of life



# Adult Social Care Working Group



## You Said

5 December  
2022

There are people going out less to activities due to staff shortages

This could affect mental health and mood

There are more agency staff are who do not know the person and are more expensive  
Some support workers have left

About a specific safeguarding issue relating to a broken door



## We Did

Stuart said most providers are short staffed by 20-30% Stuart offered to follow up – self-advocate to give name after meeting via Voiceability

More money is being given to providers soon  
There is a recruitment drive for carers  
Piloting a volunteer scheme to support 30-40 people from January 2023 in New Forest area

Stuart confirmed this was being addressed with the provider currently



# Adult Social Care Working Group



## You Said

5 December  
2022

You were involved in selecting a name for the new volunteer service

What can self-advocates do

Shall we discuss this topic and cost of living in the new year for 2 or 3 sessions

Shall we ask a survey to others

Find out how affecting people who have a learning disability and carers

What would make a difference

## We Did

Your suggestions have been given to the team choosing the name

At the next Partnership meeting there will be discussion about future topics as a wider group  
An important issue for next 6-12 months

There is a Cost of Living group at the council that research could be fed back to. A survey could ask:

- What financial pressures mean to people
- What people think might help
- What information people need





# Adult Social Care Working Group



## You Said

5 December  
2022

Can the survey be done like the review process for Hampshire Learning Disability Partnership

You would be happy for future meetings to be on a Thursday afternoon

Reminder the Partnership meeting is next Wednesday 14<sup>th</sup> will call to talk through presentation and newsletter for all LIG members



## We Did

Yes

We will send out 2023 dates soon

All Working Groups in 2023 will then be Thursday afternoons for self advocates (HS phone)

This is the last meeting before Christmas  
Steve congratulated Self-Advocates for the new meetings nearly one year later since LIGs ended  
Next Meeting 16 January 2023