

Report from Complex Needs Working Group for Learning Disability Partnership Meeting



Hampshire Learning
Disability Partnership



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- We have had 3 meetings since March 2024

The meeting in September was attended by:

- 5 family advocates
- 1 person from Adult Services
- 1 person from Health
- 2 guest speakers
- There were apologies from 4 people



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We talked barriers to accessing services

- Health services
- Accessing events and holidays
- Using Access Card



We talked about PMLD and exercise

- The importance of exercise on physical and mental health
- Alison shared details of the LD Physio
- [The LD PhysioHome | Learning Disability Physio](#)

We shared activity we have found works well



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We heard from Tracy Transformation Manager, Learning Disability and Autism Team with the NHS

Tracy shared about projects such as

- the Communication and Sensory boxes in GP practices and acute wards
- Annual health checks – improvement work
- Developing more LD friendly practices that are monitored annually



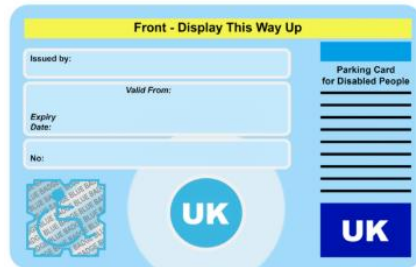
We fed back about important issues:

- Constipation
- Dental Care
- Hospital Passport design varies
- Carers pay is not enough
- Where to find carers support easily



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- We shared information:
- Gateway club access card is good



- Very difficult to reapply for blue badge online



- Sail-Ability a good activity



- Recent Meeting



- We heard about 10 sensory walks in Hampshire
- We heard about work on health and care passports and gave our ideas – such as a summary page
- We heard about work with SCAS to make hospital bags
- We talked about Respect forms
- We shared about the Nimbus card and upcoming training with Challenging behaviour foundation

