

# Hampshire Learning Disability Partnership



Hampshire Learning  
Disability Partnership

## Updates from the Self-Advocates



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Disability Partnership

# We are going to give updates on 4 working groups



- **Adult Social Care – the Right Support**
- **Communications**
- **Health and Wellbeing**
- **Being Safe, Staying Safe**



# Adult Social Care Working Group



- We talked about the cost of living
- We also spoke about how it affects us and people we know, such as less transport and less groups to go to
- We talked about how to find out about activities locally
- We looked at different one page profiles and talked about what we liked best
- Paul spoke to us about what Least Restrictive Practice is and invited us to present at the provider forum
- We heard about the Oliver McGowan training





- Safe lives spoke to us about their work
- They asked if we would like to join the group
- We helped with co-production week.
- We gave ideas as well as made a video
- We fed back on Easy read for
  - Meals on Wheels
  - and the Hampshire Safeguarding Adults Board
- We spoke with Jo Service Experience Manager at HCC about our experiences of co-production
- Portsmouth University have some opportunities for us to talk with students about social care to learn from us



# Communications Working Group



- We made leaflets to recruit more self-advocates and parent carers



- We talked about using Connect to Support and PA finder. We gave our views



- Some of us are helping with Oliver McGowan training



- In co-production week we did a video about our ideas and opinions



# Communications Working Group



- We talked about voting and different ways to do it



- We gave feedback on the new CART phone options  
CART means Contact, Assessment, and Resolution Centre



- We are about to start work on our Christmas newsletter



## Health and Wellbeing Working Group



- We heard about what makes an LD friendly GP practice and how it is monitored



- We talked to Andover Mind about mental health and support

- Katie and James made videos with Winchester University and the NHS for their Life Lens Project



# Health and Wellbeing Working Group

James



- We want to use our experiences to help other people. Fahmina shared about her experience in London



- Arun is doing a presentation with Marta to present to GPs

- We talked about GP Easy Read Letters. Marta shared some examples that we commented on



- We spoke with health about helping with some new projects

- We can give our ideas and make videos. These might help others with things like annual health checks



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# Being Safe Staying Safe



- We had a good presentation about online safety from Mark from Community Safety Hart



- Lee from HCC helped us with IT problems and questions

- We are working together with Mark. He will link us to North Hampshire Safer Partnership.



- We will help to develop the national Safe Places scheme in Hampshire



# Being Safe Staying Safe



- We talked about the Mencap LD week. The theme was Do You See Me
- We gave our ideas for a video which was filmed at Café Dome in Basingstoke
- We talked about making videos for helping people know about health appointments
- They could cover what will happen, the process and more



## Other updates



- We gave a presentation in Winchester to providers at the Least Restrictive Practice Forum



- For Co-production week we made a video shared with HCC colleagues



- We met in person in August



**This is the end of our presentation**



**Thank you for listening**

