

Meeting – Future topics and Safe Places







Everyone introduced themselves and we looked at You Said We Did

We talked about topics for 2023 and an agenda structure

We talked about Safe Places

There was feedback from partners who attend with updates

The next meeting will be about Safe and Well Visits from the Fire Service





You Said

5 January 2023

You want to tell GoLD what you have been doing in the working groups so they can input

You have looked for some Safe Places and checked where they are locally, you would like to do more work on this
The current contacts are out of date

You would like something in Easy Read to give to take to shops or churches about Safe Places – a list of what is required

We Did

Trish is supporting Katie and James with this

Safe Places is currently being looked at by Hampshire County Council so we might want to link in with this. Amanda to invite someone to a future meeting to share information

We will discuss this in more detail at a future meeting

You Said

5 January 2023

Feedback from Professionals:

Nila suggested looking at 'Making Safeguarding Personal' and what is important to you — Nila would like to give a presentation on this for the group

At the next meeting Judy will speak about Safe and Well visits and ask for feedback

We Did

Everyone agreed they would like this

The following session will focus on Using technology





Safe and Well Visits – Fire Service

You Said

2 March 2023

Judy gave a presentation about Self and Well Visits

You said – AS you try your alarms every Thursday to check they work

You said about Electric Safety to keep water and electricity apart

You said you would like Self and Well visits at your groups



We talked through a bedtime routine to check things

To not leave candles unattended

To check boiler every year

Judy and her team offer Safe and Well talks to groups

You Said

2 March 2023

You said points you remember from the presentation

They were:

Stop electric supply
Have a night time routine
Dry hands before touching electricity
Be careful with hobs

Check alarms work often

We Did

Lee said there are things to help people re fires like:

Sensory needs – vibrating pad & telecare

Lee will give a presentation about Tec available





You Said

2 March 2023

You said it is hard to access Police Stations

You said you would like to do some work on this

You said you would like to know more about Safeguarding

You said you would like to help with the Easy Read work for Safeguarding

We Did

Mark gave update from Police

He said there is new training on disability work – promoting job opportunities for the Police

Like having anxiety dogs

Nila said she would like this group to look at 'Making Safeguarding Personal'

April 6

Chair – Katie

Meeting – Technology







Everyone introduced themselves and we looked at You Said We Did

We talked about technology and learned about useful apps from Sue

We learned about how to put emergency contacts on our phones to help others help us in an emergency

We heard about Oyster devices and Orcha

We watched a video of live view street maps







6 April 2023

You liked the live maps idea for going somewhere new

You said you had troubles with tablets and PCs sometimes

You said you use smart phones and Iphones mostly

You would like to learn more about recipes and daily living via videos that Sue mentioned

We Did

We can add how to do this to our website

AbilityNet may be able to help with these

These apps can be added to your phone

We will give updates as they happen



6 April 2023

Nila mentioned changes in safeguarding – Making it Personal

You said you would like to know more about this

We Did

We will talk about this at the next meeting



Survey Questions



The Safeguarding work is postponed today





We talked about the Survey and what two questions you would like to give from this group



You Said

4 May 2023

You said you use phones and I-Pads for listening to music and watching movies

We talked about checking scam phone numbers and being careful when it is a phone number you do not know

We Did

Lee talked about websites where you can look up scam phone numbers

Lee said Amazon and Alexa can promote independence if used well

You Said

4 May 2023

What makes you feel safe?

You said:

- Being in Flat
- Know where your phone is
- Having a phone
- Having own space
- Sister on phone in an emergency
- Personal alarms
- Lifeline fob
- Having familiar transport

We Did

Cart Phone number may be able to help

We can add this question to the survey

We said testing Alarms for fire and Lifeline is important so they work well

You Said

4 May 2023

Lee spoke about Autonome video library of daily living videos to help people with tasks

Such as washing up and cooking Cookability and recipes

Also looking at use of Alexa and how to support people and promote independence with it

You said you would like to be part of the Alexa trial

We Did

Lee said HCC are trialling this and will come back about it

AutonoMe - Unlocking independence | AutonoMe - Unlocking independence

Lee to make contact about the Alexa trial



Chair – Arun

Meeting – Safeguarding training & Future Plans

You Said

1 June 2023

We were to talk about postponed safeguarding training postponed from last meeting – Making it Personal

You said you would like to talk about future plans and thought about what we have learnt so far

You said you would like to co-produce training with Fire Service for safe and well visits

You said you would like to learn how Police help with safeguarding and reporting crime in braille

We Did

No one was able to attend from the team today so this could not happen

We talked through the list we have from previous meetings

We will discuss this at the next meeting

We will ask Police attendee to help us do this

You Said

1 June 2023

You said you would like to visit places and make videos about them

You said you would like to share more about the Tec you learned about in this meeting

You think road safety is important and talked about Potholes

We Did

We will discuss this next time

We will discuss this more and make a plan

We can raise this at the Partnership



Meeting – Film work and Future Meetings

You Said

6 July 2023

You said have concerns about potholes, curbs, hedges

You said how can you safely cross roads with parked cars and visual impairment

You said (Tanya) you were struggling for places to walk

You said you would like other tech equipment to go on the website

We Did

We shared about braille maps <u>Accessible</u> maps, images and signage | RNIB | RNIB

Lee explained what Alexa can help with. You can have pre recorded buttons and reminders

Lee will provide a list to add to the website

You Said

6 July 2023

You said you would like to make films about Being Safe

Arun said he would like to film at Fire Station

You want to think about how to stay safe in town – having apps on your phone. Have an emergency phone to tell people when you are.

Be my eyes app was mentioned – Lee said this equipment is being trialled to help others as well

We Did

We can support you to make films if you would like to

Lee said he will feedback about the Be my eyes app

You Said

6 July 2023

James said he uses Alex for music and jokes as well

You said for a film you would like to include the police, fire service

Tanya said there is a summer fare at Stables Family Home Trust on 29 July in Bitterne.

We Did

We could ask the attendees of this meeting to share videos too – Fire, police etc



Meeting – Tech discussion & updates

You Said

7 September 2023

Nila spoke about Hampshire Safeguarding Adults board reviewing more documents and asked if you would help in this group

You said you would be happy to review them for Easy Read

You asked about vaccines

You asked about using Tech to keep safe

We Did

We will look at these together in a future meeting

We said some places are giving flu and Covid vaccines earlier to eligible people

You Said

7 September 2023

You told us what tec you use

Jake is good with IT skills and has done a course in this. Gamer and chats to people, uses youtube

You said you Ipad for film, sport, youtube, Netflix and amazon

Tanys uses phones and siri, for alarms. Timers for cooking.

You said you would like easy to use recipes - app

We Did

Lee talked about tech and asked for volunteers to be filmed using Alexa

Lee shared some ideas about how Alexa can help with alarms, reminders and safety

You Said

7 September 2023

You said you would like videos to learn from to use apps

You asked about ORKA

You said in future meetings you would like:

- Phone numbers to help in Easy Read for Police
- PSCO update and where to find them
- Fire Service updates and technology updates
- Safe places scheme
- To help Nila with Easy Read for Safeguarding

We Did

Lee screen shared this and talked about what is can do

We will carry these actions forwards



Chair – Tanya

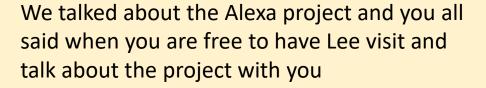
Meeting – Safeguarding & Alexa Project







Everyone introduced themselves and we looked at You Said We Did



We looked at a Safeguarding meeting invite

We spoke about reporting local issues and who to ask





You Said

5 October 2023

You gave a list of days that you can make for Lee to visit about Alexa

You gave ideas on making an easy read document for safeguarding invites

You would like the other services to attend this meeting

We Did

We will send you an invite and ask you to contact Lee and arrange the visit

We made some changes to this and will look at safeguarding documents again the next meeting

We will make contact with other services and find to find regular attendees



5 October 2023

You talked about local problems

- Cars blocking pavements
- Uneven surfaces
- Blocked drains
- Potholes

You want to know how to report these things

You want to invite Highways England to the meeting

We Did

We will find contact details of how to report issues

We will try to invite Highways England

November 2

Chair – Arun

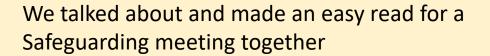
Meeting – Safeguarding & Dark Evenings







Everyone introduced themselves and we looked at You Said We Did



We talked about what dark evenings are like

We spoke about reporting local issues and who to ask





You Said

2 November 2023

You gave a list of days that you can make for Lee to visit about Alexa

You gave ideas on making an easy read document for safeguarding invites

You would like the other services to attend this meeting

We Did

We will send you an invite and ask you to contact Lee and arrange the visit

We made some changes to this and will look at safeguarding documents again the next meeting

We will make contact with other services and find to find regular attendees

December

Chair - Richard

Meeting – Fire service, HLDP presentation & Newsletter









Everyone introduced themselves and we met Kelly from the fire service

Kelly told us about how to use plugs safely and that Safe and Well visits can be made



Kelly is a community development officer and wants to get more referrals for Safe and Well Checks

We talked through the presentation for the HLDP and we talked about the HLDP Christmas newsletter



Lee asked for people to reply to his email about the Alexa project if they want to do that



7 December 2023

Presentation – you said the picture go well and not too much writing

You said Trauma informed care needed explaining

You chose what slides you would like to read

We Did

We will keep the pictures and use less words

We made some changes to this together

We will print them for you for the HLDP and add your name to your slide



7 December 2023

You all chose what you wanted in the newsletter

You heard about Abby and said Abby could come to a future meeting

We Did

We will support you to add your piece to the newsletter and send out before Christmas

Abby is from Voiceability and may attend in future